



CHRIST
THE KING
SCHOOL
BANGALORE - INDIA



ZERO HUNGER



HUNGER IS A SCAR ON HUMANITY,
LET'S ERASE IT TOGETHER



Sustainable Development

Goal 2

Zero Hunger

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Agricultural Growth and Goal of Zero Hunger Challenges and Prospects of India

Agricultural Growth and Goal of Zero Hunger Challenges and Prospects of India

Date: 28 July 2023

Time: 10:00 AM – 12:00 PM

Venue: Main Auditorium, CHRIST (Deemed to be University), Bannerghatta Road Campus, Bengaluru



The Inauguration Ceremony of ECONTAGO - The Economics Association was held on July 28, 2023, at the Main Auditorium, CHRIST (Deemed to be University), Bannerghatta Road Campus, Bengaluru. The event began with a welcome address by Dr. Taru Saigal, the faculty coordinator, followed by a lamp-lighting ceremony.



Professor R S Deshpande, the guest speaker and former Director of the Dr. B R Ambedkar School of Economics & Institute of Social and Economic Change, delivered a lecture on "Agricultural Growth and Goal of Zero Hunger: Challenges and Prospects of India." He highlighted the manipulation in nationally published data sources and emphasized the importance of critical analysis in understanding economic issues.



The ceremony also featured the introduction of ECONTAGO's association members, the release of the first issue of the newsletter Equinomica, and the announcement of the academic calendar for 2023-24, which includes various events such as fests, workshops, and panel discussions. Dr. Sreedevi RS voted of thanks.

The Volunteering event at Akhila Karnataka Prani Daya Sangha Goshala

Volunteering at Akhila Karnataka Prani Daya Sangha Goshala

Date: 6th April 2024

Time: 9:00 AM - 12:30 PM

Venue: 6th Block, Koramangala, Bengaluru, Karnataka - 560095

Collaboration: Central for Social Action, Central Campus, Bengaluru

Participants: Students from the School of Law, CHRIST (Deemed to be University), Bengaluru

Event Overview: The volunteering event at Akhila Karnataka Prani Daya Sangha Goshala focused on breed preservation, animal nutrition, healthcare, and sustainable farming methods. Students engaged with stakeholders, including farmers, veterinarians, and caretakers, gaining insights into the practical aspects of managing a Goshala.

Key Activities:

- Interaction with stakeholders involved in Goshala management.
- Contribution of funds towards the welfare of the Goshala.
- Learning about the legal framework governing Goshalas and their impact on society.

Skills Developed: The program helped students develop socio-legal skills, ethical considerations, and leadership qualities. It also provided an opportunity to critically assess laws related to animal welfare and sustainable agriculture.

Follow-up Plan:

The committee plans to conduct similar programs in the future to continue fostering social transformation and support for Goshalas.

Mapping to Program Outcomes (POs) and Course:

- PO5: Social transformation through socio-legal engagement.
- PO6: Ethical and professional behavior in teamwork.
- Course: LAW266 - Development and Public Policy

Cross-Cutting Issues Addressed:

- Environmental Sustainability: Promoting organic farming and biodiversity preservation.
- Social Justice: Providing employment opportunities to marginalized communities.
- Ethical Considerations: Addressing animal rights and humane treatment.

Alignment with Sustainable Development Goals (SDGs):

- SDG 2: Zero Hunger: Promoting sustainable agricultural practices and food security



Smart Plates, Big Savings: Affordable Nutrition Strategies Workshop

Smart Plates, Big Savings: Affordable Nutrition Strategies Workshop

On September 6th, 2023, Wevolve Community Clinic hosted a hands-on workshop titled "Smart Plates, Big Savings: Affordable Nutrition Strategies" at the Bangalore Central Campus. The session, held from 4:00 PM to 5:00 PM, was attended by 15 postgraduate students eager to learn practical, budget-friendly nutrition tips.

Workshop Highlights:

- **Expert Guidance:** Certified Nutrition Coach Hemalatha led the session, sharing her journey and offering actionable advice on affordable, healthy eating.
- **Free Resources:** Participants received free downloadable materials, including grocery lists, exercise guides, and high-protein recipes.
- **Interactive Learning:** The workshop was divided into four parts: an introduction, affordable nutrition strategies, a goal-setting activity, and a Q&A session.

Key Takeaways:

- Students gained essential knowledge on nutrition's role in physical and mental health.
- Affordable and easy-to-find foods rich in essential nutrients were introduced.
- Participants engaged in setting personal health goals, focusing on realistic strategies to improve their daily habits.

Summary:

The workshop was a valuable experience for students, emphasizing the importance of maintaining good nutrition on a budget. It provided practical advice on overcoming common health challenges faced by students, especially those living in hostels and PGs. The session concluded with a lively Q&A, where participants discussed topics like intermittent fasting and gut health, leaving them better equipped to make informed dietary choices.



Handful of Food

Handful of food

Date: Monday to Friday (Every week)

Time: 8:45 am – 12:45 pm

Venue: Community Kitchen, Basement, Block IV



"A Handful of Food" is a community service initiative by the Parivaar Club at Christ University's Department of Hotel Management. The program provides fresh, hygienic midday meals to government school students to address nutritional deficiencies. Hotel management students plan, prepare, and package the meals with strict hygiene standards. The meals are distributed to schools through a partnership with the Centre for Social Action. This initiative enhances students' well-being and academic performance while fostering skill development, social consciousness, and holistic development. The program received 80% positive feedback from stakeholders.



Community Lunch

Community Lunch

Date: Monday – Friday (Every Week)

Time: 8:45 am – 1:45 pm

Venue: Community Kitchen, Basement, Block 4

The Community Lunch initiative by the Parivaar Club of Christ University's Department of Hotel Management provides 350 hygienic meals to students on weekdays. Prepared and distributed by students with faculty support, this program teaches bulk cooking, teamwork, and service values. It starts at 8:45 a.m. daily, with meals ready by 12:30 p.m. The initiative fosters community, supports eligible students, and develops practical skills. 72% of stakeholders gave positive feedback.

It was conducted focusing on skill and community development, with an emphasis on social service and hands-on learning. The event, which involved 159 students, was centered around student-run distribution, skill development, and community building. Key takeaways included comprehensive learning, skill enhancement, and a strong emphasis on safety and cleanliness. The activity also provided comprehensive culinary training.





Program Learning Goals (PLG) / Program Learning Objectives (PLO):

- **PLG1:** Social Responsibility and Ethical Sensitivity - Students are encouraged to be aware of social and ethical issues and evaluate business actions from an ethical perspective.
- **PLG2:** Functional Knowledge and Application - Students should apply management concepts and evaluate management theories across functional areas.
- **PLG3:** Communication - Focus on professional oral and written communication.
- **PLG4:** Lifelong Learning - Encouraging the exploration of entrepreneurial opportunities in the hospitality industry.
- **PLG5:** Design Thinking - Students are to examine problems contextually and discuss standard operating procedures to meet customer requirements.

Sustainable Development Goals (SDG) Addressed:

- No Poverty
- Zero Hunger
- Good Health and Well-Being
- Quality Education
- Gender Equality
- Decent Work and Economic Growth
- Responsible Consumption and Production
- Climate Action



Food Donation Drive

JOY-LICIOUS, Joy of Giving

Date: 15th February 2024

Time: 10 am-2 pm

Venue: Synergy Square, Christ (Deemed to be) University, Delhi NCR Campus



The poster features a vibrant, abstract background with shades of yellow, orange, pink, and blue. At the top left, there is a logo for 'SDG cell' with a '2' and a bowl icon. To the right is the 'CHRIST' logo with the text '(DEEMED TO BE UNIVERSITY) DELHI NCR - INDIA'. The main text is centered and reads: 'SDG CELL', 'Department of Psychology', 'School of Social Sciences', 'CHRIST (Deemed to be University)', 'Delhi NCR Campus'. Below this, it says 'Presents' followed by 'SUSTAINABILITY WEEK 12-16 FEBRUARY, 2024' and 'With'. The title 'JOY-LICIOUS' is in large, bold, blue letters, followed by 'Joy of Giving- Food Donation Drive'. In the center, there is an illustration of two children standing at a table with a sign that says 'FOOD DRIVE'. At the bottom left, there is a large illustration of two hands holding a bowl filled with various fruits and vegetables. On the bottom right, there is a list of event details with icons: a calendar icon for '15 February, 2024', an hourglass icon for '10:00 am- 2:00 pm', and a location pin icon for 'Synergy Square', 'CHRIST (Deemed to be University)', 'Delhi NCR Campus'. At the very bottom, there are social media links: an Instagram icon for 'christ_university_ncr', a Facebook icon for 'ncr.christuniversity', and a globe icon for 'ncr.christuniversity.in'.

SDG CELL
Department of Psychology
School of Social Sciences
CHRIST (Deemed to be University)
Delhi NCR Campus

Presents
SUSTAINABILITY WEEK 12-16 FEBRUARY, 2024
With
JOY-LICIOUS
Joy of Giving- Food Donation Drive

15 February, 2024
10:00 am- 2:00 pm
Synergy Square
CHRIST (Deemed to be University),
Delhi NCR Campus

[christ_university_ncr](https://www.instagram.com/christ_university_ncr) [ncr.christuniversity](https://www.facebook.com/ncr.christuniversity) [ncr.christuniversity.in](https://www.ncr.christuniversity.in)

Participants Profile:

- **Type of Participants:** UG Psychology Students, 2 Faculty Coordinators
- **Organization:** Student Volunteers, SDG Cell, Department of Psychology
- **Faculty Coordinators:**
 1. Professor Aavleen Bakshi, Assistant Professor, Department of Psychology
 2. Dr. Shefali Mishra, Assistant Professor, Department of Psychology

Highlights:

1. The "Joy-Licious" Food Donation Drive was organized to increase access to nutritious food and support Sustainable Development Goal 2: Zero Hunger.
2. The drive emphasized the impact of collective action, compassion, and generosity in contributing towards a hunger-free world.



Key Takeaways:

1. The initiative heightened awareness among students and faculty about the importance of nutritious food.
2. It demonstrated how individual contributions, driven by empathy, can make a significant difference in addressing hunger.





Summary of the Event:

On 15th February 2024, the "Joy-Licious" Food Donation Drive was held at CHRIST (Deemed to be University), Delhi NCR campus, organized by the SDG Cell of the Psychology Department. The event began at 10:00 AM with an inaugural ceremony, where Father Josy C. and Dr. Surekha C., Head of the Psychology Department, endorsed the initiative. The university community actively participated, reflecting a shared commitment to combating food insecurity.

From 10:30 AM to 2:00 PM, food donations were collected, with SDG Cell members and volunteers encouraging participation. At 2:00 PM, 8 students and 2 faculty members delivered the collected food to Salaam Balak Trust, where they interacted with children and engaged in activities to create a positive atmosphere. The next day, on 16th February 2024, another donation was made to Anand Bhawan, further extending the initiative's impact.

This drive exemplified the university's collective efforts towards social welfare and achieving the Sustainable Development Goals, particularly Zero Hunger.



Tree Plantation Drive

Plantation Drive in Collaboration with Prayatna, NCC, and SayTrees

Date: 5th June 2022

Time: 7:00 a.m. - 1:00 p.m.

Venue: Bingipura landfill, Electronic City

Collaboration/Sponsor: NCC, SayTrees, VrukshaBharatha

Speaker/Guest/ Presenter Details

Name: Dinesh Sir

Title/Position: NCC Officer

Organization: National Cadet Corps (NCC)

Title of Presentation: Address and Motivation for Volunteers

Participants profile

Type of Participants: Students and Volunteers

No. of Participants: 27

Highlights of the Activity

Collaboration between Prayatna, NCC, and SayTrees for a tree plantation drive.

Volunteers were oriented to the Miyawaki plantation technique, organic fertilizers, and methane-contaminated groundwater.

The planting of 10,000 saplings has been completed, and the transformation of the Bingipura landfill has been completed.

Awareness about SDG goals, including Climate Action, Life on Land, Responsible Consumption, Clean Water, Sustainable Cities, and Zero Hunger.

Key Takeaways

Improved landscape and environment at Bingipura landfill.

Enhanced awareness about sustainable practices and SDG goals among volunteers and the community.

Summary of the Activity

The tree plantation drive held at Bingipura landfill on 5th June 2022 was a collaborative effort between Prayatna, NCC, and SayTrees, supported by VrukshaBharatha. Under the leadership of Anup, Mahek, and Ananya, 27 volunteers gathered at 7:00 a.m. Dinesh Sir from NCC motivated the volunteers, emphasizing the importance of disciplined behavior. The participants learned about the Miyawaki plantation technique, actively planted saplings, and contributed to achieving SDG goals related to Climate Action, Life on Land, Responsible Consumption, Clean Water, Sustainable Cities, and Zero Hunger. The event concluded with the successful planting of 10,000 saplings, transforming the barren landscape into a green and sustainable area. A feedback session on the bus journey back highlighted the positive impact of the drive and suggestions for future improvements.





Nutrition Kit Distribution Drive



Tilaknagar Nutrition Kit Drive

Date: 14th July 2022

Venue: Tilaknagar

Type of Participants: Students and Volunteers

No. of Participants: 19

Highlights of the Activity

Christ University students distributed nutrition kits to students of the Activity Center in Tilak Nagar.

Approximately 60 packets of rations were unloaded and distributed.

A collaborative effort among the students, promoting teamwork and community engagement.

Sensitization of families in the project area about good nutrition and its importance.

Key Takeaways

Improved access to nutritious food for families in the Tilaknagar community.

Raised awareness about the significance of good nutrition and provided support for families.

Summary of the Activity

The Tilaknagar Nutrition Kit Drive, organized by Christ University students on 14th July 2022, aimed to provide essential nutrition kits to students of the Activity Center in Tilaknagar. Around 60 packets of rations were distributed, showcasing the students' active involvement and teamwork. The drive not only ensured access to nutritious food for families but also raised awareness about the importance of good nutrition in the community. The event emphasized the achievement of Sustainable Development Goals, including.





“Dhaanya Daan”

CHRIST (DEEMED TO BE UNIVERSITY) SCHOOL OF COMMERCE, FINANCE AND ACCOUNTANCY

P R E S E N T S

IDHAANYA DAAN

The Department of Commerce is planning to organise “*Dhaanya Daan*” to focus our SDG goal Zero hunger where all food grains will be donated by students & staff members. The food grains will be distributed to orphanages and other old age homes through Centre for Social Action (CSA).

This brings the awareness about sustainable development goals among various students and staff members in the campus under the SDG CELL.

18-23 MARCH

FROM 10:30 AM TO 4:30PM

DROP OFF LOCATION: **QUADRANGLE**

**FOOD ITEMS FOR CONTRIBUTION
MAY INCLUDE :**

Wheat Flour
Rice Flour
Rice
Toor Daal

Green Gram
Jaggery and Sugar
Channa Dal and Oil packets
Ragi Flour and Millets

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BANGALORE YESHWANTHPUR CAMPUS





DOC



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CHRIST (DEEMED TO BE UNIVERSITY)
SCHOOL OF COMMERCE,
FINANCE AND ACCOUNTANCY

P R E S E N T S

'DHAANYA DAAN'

Sow the Seeds of Compassion

Join our Grain Donation Drive and Harvest Hope for a
Hunger-Free Tomorrow!

**Feel free to
donate any
quantity : even a
cup of rice goes
a long way**



**2 ZERO
HUNGER**



18 March 10:40am - 4:30pm



23 March 9:30am-1:30pm



Quadrangle (Between Block B and C)

Faculty Co-ordinator :

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Student Co-ordinator :

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BANGALORE YESHWANTHPUR CAMPUS



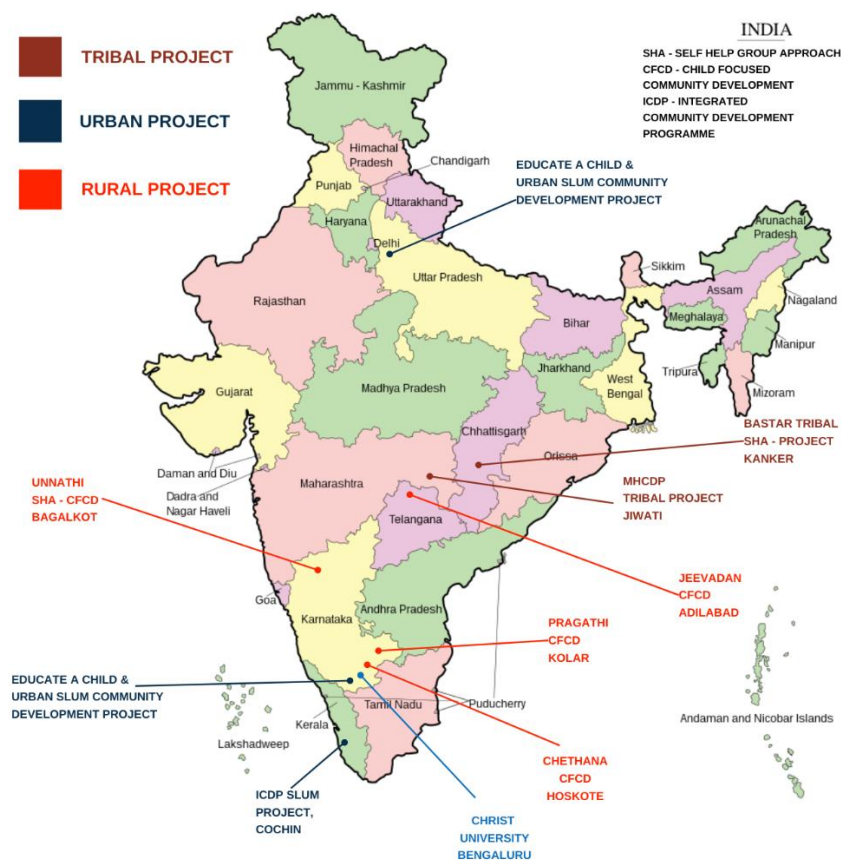


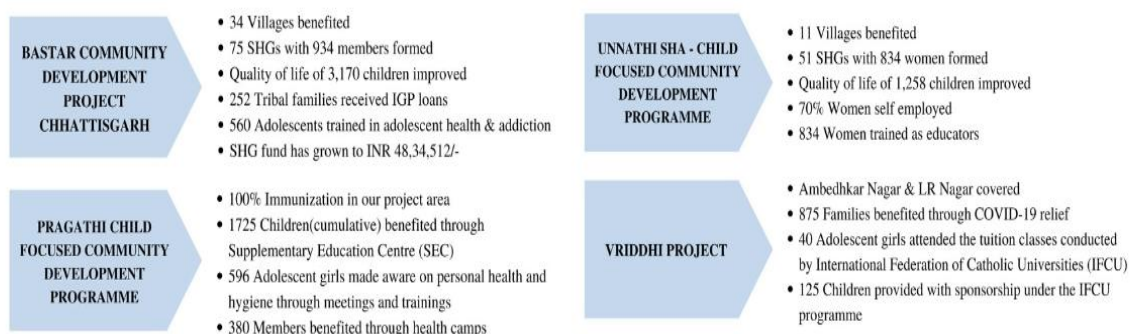
Centre for Social Action (CSA) Initiatives

CSA has facilitated an array of development programs in rural, urban and tribal areas of different states. CSA facilitates developmental activities in various sectors like health, education, social/community development, empowering community-based organizations (CBOs), land development, agricultural development. CSA aims to empower communities by empowering women to be socially, politically, economically active, and independent. The organization functions in the states of Karnataka, Maharashtra, Delhi, Kerala, Telangana, and Chhattisgarh. The quality of life rendered to the women, children, and the community has brought notable and immeasurable positive changes.



FOOT PRINTS OF CSA PROJECT AREAS






Livelihood Intervention

Livelihood intervention has brought about economic empowerment among the beneficiaries. It has provided the members with financial stability and kept them away from the money lenders. This has been achieved through training like Entrepreneurship Development Programme (EDP), financial literacy, organizing visits for women providing exposure to a successful organization, etc.

The projects that were sustained earlier have contributed more (70% – 90%) in these aspects. Bastar and Unnathi are currently running projects which are contributing around 50% towards livelihood. The numbers are increasing as the awareness about the importance of livelihood among the members is increasing.

Villeges with CSA Intervention



CBO Collaboration CSA Endeavours	STUDENT VOLUNTARY BODY
	<p>Community-based organizations (CBOs) are the people's institutions. CSA forms CBOs intending to ensure their active participation in the developmental process. Having successfully managed 12 Self-Help Groups (SHGs) in Rajendra Nagar, which is now completely independent, CSA continues to form and strengthen SHGs to proactively engage the women of the slum community for social progress and economic dynamism.</p> <p>Currently, CSA is managing 11 SHGs in Janakiram Layout and 2 SHGs in LR Nagar. While the total savings of the groups amounted to Rs. 18,43,080, the total loan availed by the members amounts to Rs. 23,07,000, and the loan repaid amounts to Rs. 12,80,700.</p> <p>Apart from the aforementioned, children's parliament, eco-clubs, parent's committees, and youth groups are being promoted in the slum community to involve the local communities in the people-based development paradigm propagated by CSA.</p> <p>The quality of services rendered by CSA through its 5 urban slum development projects has brought illustrious & immeasurable changes. Our sense of pride comes out of significant transformations and positive results among the children and women of the marginalized section in health, education, awareness, livelihood promotion, and promoting value-based living. Substantial contributions have been made to improve the quality of life and sense of belonging to the underprivileged section regardless of their caste, creed, color, religion, and language.</p>



International Day of Food Loss and Waste Awareness

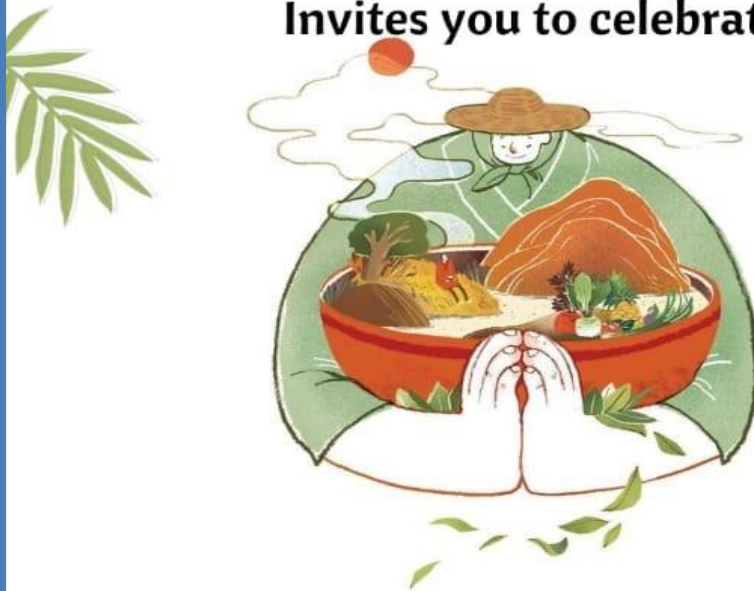


CHRIST
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BANGALORE • INDIA

"FOOD IS A GIFT, DON'T WASTE IT"

Department of Mathematics

Invites you to celebrate



**"International Day of Awareness
of Food Loss and Waste"**



Do Visit Us



Venue : Pathway near Central Block



Date : 09 October 2023



Activity Report

Summary of the Activity

The Campus Food Waste Awareness Campaign was organized by a team of 18 students, comprising both bachelor's and master's students. It drew a turnout of 300 participants, the event effectively spotlighted the pressing issue of food wastage on campus, aligning it with the Sustainable Development Goals (SDGs) through the use of informative posters and games. The many expressing interest in joining the Sustainable Development Cell and future sustainability initiatives

Highlights of the Activity

- Awareness Games: Games were conducted to educate participants and also to create an atmosphere of fun and learning. Games included: Dare Wheel, Memory Game, Whisper Challenge.
- Conducted interviews with staff, owners of canteens and food joints, students, teaching and non-teaching staff about food wastage on campus.
- Analysis of the primary data collected revealed trends, challenges, and potential solutions.
- The inclusion of Informative posters, pictures and awareness video was helpful in attracting a huge turnout and fostering deep conversations

Key Takeaways

- The Campaign accomplished its objectives by fostering awareness, encouraging dialogue, and mobilizing the campus community towards a shared goal of sustainability.
- The feedback received from participants was overwhelmingly positive, with many expressing interests in joining the Sustainable Development Cell and future sustainability initiatives.
- The data collected will prove invaluable in guiding future initiatives aimed at addressing food wastage and promoting sustainable practices on campus.

Follow-up Plan, if any

Feedback Integration: Incorporate the feedback received into the planning of future sustainability initiatives. Address any suggestions and concerns raised by participants.



Sustainability Workshops and Webinars: Organize workshops and webinars on topics related to food sustainability, waste reduction, and the SDGs. Invite experts to share insights and best practices.

Collaboration with Canteens and Food Joints: Establish communication with the staff and owners of canteens and food joints to implement strategies to reduce food wastage. Explore options such as smaller portion sizes, better inventory management, and food donation programs.

International Day of Food Loss and Waste Awareness

The Campus Food Waste Awareness Campaign, organized by the Sustainable Development Cell, was a remarkable success, drawing in 300 participants and fostering a sense of responsibility towards sustainability. The event effectively conveyed the urgency of reducing food wastage through informative posters and an awareness video. It created an atmosphere of fun and learning, engaging students, faculty, and staff.

The discussions during the event revealed a deep commitment to sustainable practices within our campus community. Participants actively discussed strategies to minimize food wastage, aligning with the Sustainable Development Goals. The positive feedback and expressed interest in joining the Sustainable Development Cell and future initiatives underscore the event's success.

The Campus Food Waste Awareness Campaign served as a catalyst for increased awareness and action, and the Sustainable Development Cell is committed to building on this momentum to create a more sustainable and responsible campus environment. We extend our gratitude to all participants, volunteers, and supporters and look forward to a greener, more sustainable future for our campus.

Event in Progress





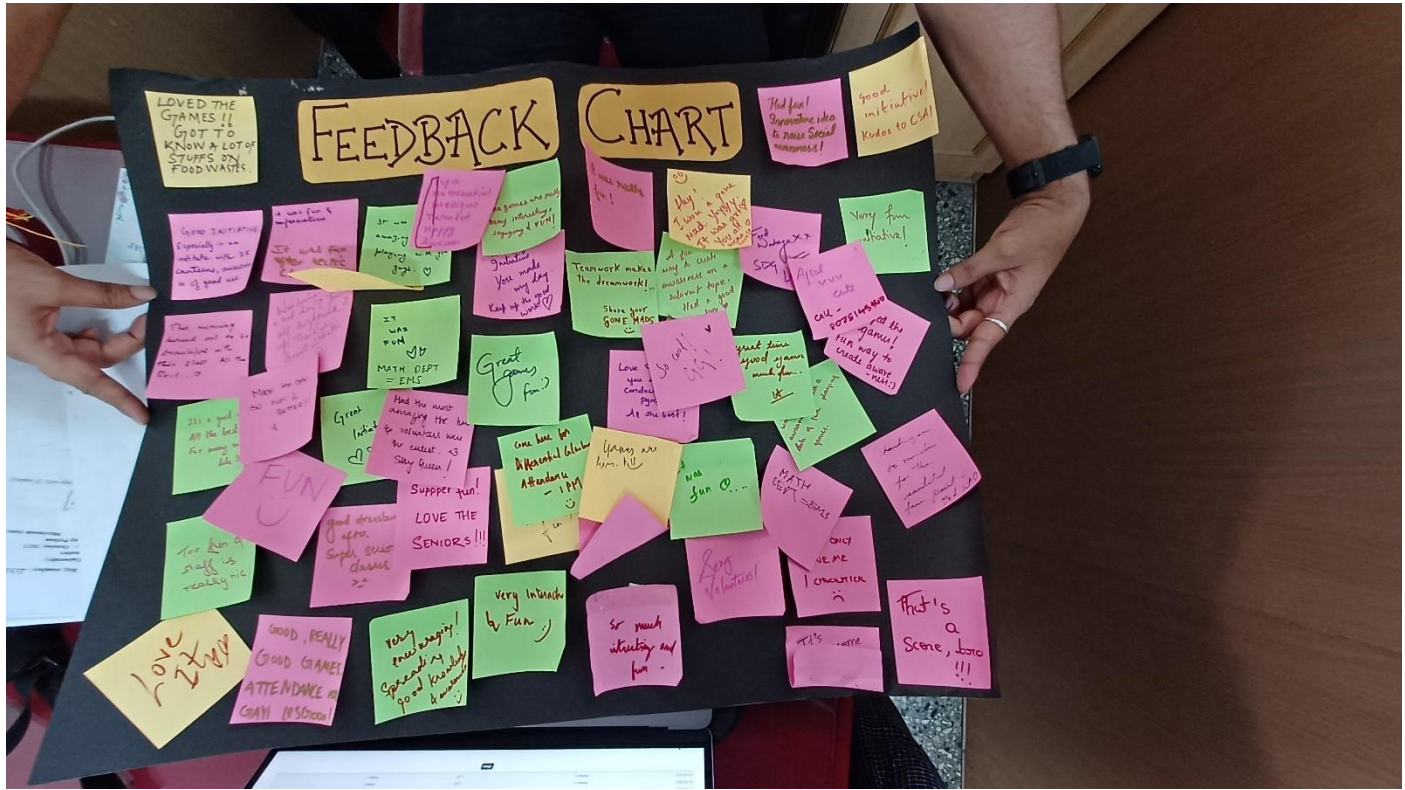
Recommendations and Suggestions

1. **Education and Awareness:** The university should conduct awareness campaigns to educate students about portion control and the environmental impact of food wastage.
2. **Food Quality Improvement:** Food vendors should continue to work on improving the quality and taste of their offerings to reduce dissatisfaction among students.
3. **Regular Monitoring:** Periodic monitoring of food wastage levels should be conducted, and vendors should be encouraged to continually refine their strategies.
4. **Collaborative Efforts:** The collaboration between food vendors and non-teaching staff should be encouraged and expanded to minimize food wastage further.

Conclusion

The Campus Food Waste Awareness Campaign accomplished its objectives by fostering awareness, encouraging dialogue, and mobilizing the campus community towards a shared goal of sustainability. It is evident that the event not only raised awareness but also sowed the seeds for long-term, positive change. The Sustainable Development Cell is committed to building on this momentum and working collaboratively with the campus community to create a more sustainable and responsible environment for all. We extend our heartfelt gratitude to all participants, volunteers, and supporters who contributed to the success of this event and look forward to a greener, more sustainable future for our campus. We look forward to Community partnerships like collaborating with local businesses and organizations to increase the reach of the event and involve a wider audience. Also, we hope to organise more interactive workshops along the same lines in near future.

IMPACT ANALYSIS



The International Day Food Waste Awareness Stall was a well-organized and highly impactful event, successfully achieving its goal of raising awareness about food waste. The event exhibited a substantial turnout, with approximately 300 participants, and integrated various engaging activities and presentations. The real-time interviews conducted at the stall provided valuable insights into public perceptions and behaviours concerning food waste. The event successfully combined education and entertainment, ensuring a memorable experience for participants.

Throughout the day, participants interacted with informative posters and the awareness video, which effectively conveyed the urgency and significance of reducing food waste. The engaging games and activities, such as the Dare Wheel, Circle of Death, Memory Game, and Whisper Challenge, not only educated attendees but also created an atmosphere of fun and learning. The distribution of exciting prizes further encouraged participation.

In addition to being an enjoyable event, the Campus Food Waste Awareness Campaign served as a platform for sharing ideas and experiences related to food wastage. The discussions held during the Circle of Death session revealed a deep-rooted commitment to sustainable practices within our campus community.

Participants actively discussed strategies and solutions to minimize food wastage, aligning with the SDGs and contributing to a more sustainable and responsible campus environment.

The feedback received from participants was overwhelmingly positive, with many expressing interests in joining the Sustainable Development Cell and future sustainability initiatives. This demonstrates that the event successfully inspired a desire for continued action and engagement. The data collected will prove invaluable in guiding future initiatives aimed at addressing food wastage and promoting sustainable practices on campus.